

Mr. Dee's Karate Academy
 Inner Dojo Tournament Style
YOUTH GRAPPLING EXHIBITION

March 15th 16th & 17th

Results

Photographs provided by: Leslie Rebman



INTERMEDIATE, ADVANCE & BLACK BELTS

Green Belts, Red Belts, & Black Belts Division Winners

Division 210

Division 209



- L Marcell Young – **Gold**
- c Jared O'Roark – **Silver**
- R Evan Larkins - **Bronze**

- L Rontez Johnson – **Gold**
- c Tecj Cintron – **Silver**
- R Brandon Mitchell - **Bronze**

Division 208

Division 207



- L Hunter Granger – **Gold**
- c Luke Wiencke – **Silver**
- R Bethany Meese - **Bronze**

- L Billy Mercer – **Gold**
- c Pierce Yeager – **Silver**
- R Tony Rivera - **Bronze**

Division 206

Division 205



- L Jadden Young – **Gold**
- c Nancy Minnich – **Silver**
- R Nevaeh Yarber - **Bronze**

- L Morris King – **Gold**
- c Dukarie Johnson – **Silver**
- R Deramus Cannon - **Bronze**

Division 204

Division 203

Division 202

Division 201



- L Kaila Polk – **Gold**
- c Jonathan Faga – **Silver**
- R Kellyn Kamfolt - **Bronze**

- L Chase Patouhas – **Gold**
- c Kamryn Curry – **Silver**
- R James Wise - **Bronze**

- L Brooke Yeager – **Gold**
- c Chloe Ramos – **Silver**
- R CJ Becraft - **Bronze**

- L Peyton Ramos – **Gold**
- c Kim Alexander – **Silver**
- R Emmy Polovich - **Bronze**

It is one of the fastest growing forms of martial arts training and competition among young children



Grappling is a form of martial arts that has become very popular among children because in addition to the kicking and punching techniques that they are learning with their Karate Lessons, they are also learning how to do all kinds of throws, takedowns, pins, and submissions techniques. It's a form of martial arts training that is not only allowing children learn how to defend and protect themselves, but it's also helping them develop the kind of confidence, self-esteem, and behavior that is allowing them to do better in school.

Youth Grappling Competition; One of the fastest growing forms of martial arts competitions in America.

Because of the sport of MMA, Grappling has become one of the fastest growing forms of martial arts training in America, even among young children. It has also become one of the fastest growing forms of competition in the youth divisions at martial arts tournaments.

The difference between the sport of MMA and the sport of Grappling is; in MMA the competitors must be at least 18 years old to compete and they are allowed to use kicks, punches, throws, takedowns, pins and submissions techniques to score points to help win their matches. In the Grappling competition, the competitors are NOT ALLOWED to use kicks and punches. They are only allowed to use throws, takedowns, pins and submission techniques to score points to help win their matches. In Grappling the competitors may be as young as 4 years old. Grappling matches look a lot like a combination of judo and wrestling.

There are a few great reasons why studying and practicing grappling, and why grappling competitions have become so popular, particularly among young children. 1) The No-Strike rules (in the competition) make it safer for children to compete. 2) At the tournaments, youth competitors are divided into groups by age, rank levels (belt color) and size, which also makes the competition safer, more even, more fun, and just as competitive for children. 3) Grappling is a form of martial arts that is allowing children to learn and develop

This article continues on page 2

INTRODUCTORY & BEGINNERS

White Belts & Orange Belts Winners

Continued from page 1

Division 101



L Cheyenne Matics – **Gold**
R Chloe Bowes – **Silver**

Division 102



L Alana Wooten – **Gold**
R Trenton Carroll – **Silver**

more self-defense skills and techniques today than they have been able to learn in any other form of martial arts. No longer are the self-defense skills and techniques that they are learning limited to just a few kicks and punches. Children love grappling because it is fun to practice and because it builds their confidence and self-esteem.

The students who participated in our Inner Dojo Tournament Style Youth Grappling Exhibition this past March 15, 16, and 17 were between the ages of 4 – 16 years old. They were divided into groups by age, rank level / belt color, and size. The very small and very young children, regardless of belt colors, were divided into groups of not more than 3 per group. This made competing in the tournament fun for them because they also didn't have to worry about whether they were going to win one of those beautiful medals or not. The older, more advanced levels and larger students were divided into groups of not more than 6 per group. This gave them a good reason to come to class as often as they could prior to the tournament to help prepare themselves for a chance to win a Gold, Silver or Bronze medal.

Division 103



L Jacob Gonzalez – **Gold**
C Trent Carney – **Silver**
R Mykenzie Whalen - **Bronze**

Division 104



L Evan Bowes – **Gold**
C Brayden Matics – **Silver**
R Abby Jones - **Bronze**

In order to hold our Inner Dojo Tournament Style Youth Grappling Exhibition at the dojo during regular class hours and help keep it competitive and very entertaining for family members and friends who came to watch, we modified some of the rules that are used in regular Grappling tournament competitions. For example, a) the matches were only 2 minutes in duration, b) competitors received 2 points for Throws, Takedowns, and Pins, 1 point for Escapes and Most Aggressive Offense, and c) competitors won automatically when they scored Shut-Outs or Tap-Outs. A Shut-Out is when one competitor scores 6 points before his/her opponent scores a single point.

The date of our next Inner Dojo Tournament Style Youth Grappling Exhibition will be posted later.

Hope to see you there again!

Division 105



L Matt Whalen – **Gold**
C Isaiah Quast – **Silver**
R Lily O'Connor - **Bronze**

Division 106



L Sidney Wooten – **Gold**
C Nick Trimble – **Silver**
R Tori Berthold - **Bronze**

Division 107



L Kaleb Gettis – **Gold**
C Preston Nagy – **Silver**
R Madalynn Whalen - **Bronze**

Division 108



L A'sa Brown – **Gold**
C Aiden Sauer – **Silver**
R Emma Jones - **Bronze**

Division 109



L Isy Loar – **Gold**
C Elyssa Myrick – **Silver**
R Dylan Irellan - **Bronze**

Division 110



L Matt Muller – **Gold**
C Victor Garza – **Silver**
R Rhiannon Irellan - **Bronze**

Division 111



L Ainsley Irellan – **Gold**
C Tyler Laubenthal – **Silver**
R Eric Myrick - **Bronze**

Division 112



L Gabe Marquez – **Gold**
C Jamyl Goines – **Silver**
R Andrew Higgnet - **Bronze**



Congratulations to all of the winners! And thank you to all of the parents, grandparents and relatives and friends who came to watch and cheer for all of those talent martial arts students and competitors. It was great seeing you there. We hope you had a great time too.